

NEWS LETTER- FEBRUARY 2023

Twin Program of World Cancer Day and Menstruation Hygiene Management: On 4th February 2023, SIGN, in collaboration with “Young Indians”, organized two workshops on Cancer Awareness and Menstruation Hygiene Management at Nirmala College, Doranda, Ranchi and Ursuline Convent, Camil Bulke Path, Ranchi. Dr. Kumar Saurabh, a renowned speaker and oncologist practitioner as well as one of the associates of HCG Currie Cancer Centre was the Speaker on Cancer in Women at Nirmala College,



whereas Dr Pallavi Pandey, the Executive Director of RJSP Cancer Hospital was the Speaker on Cancer in Women at Ursuline Convent. Ms. Rashmi Saha, the Founder of Mukty Mission, was the speaker on Menstruation Hygiene Management. About 300 girls and women benefitted from the workshop. Both the Doctors said that there are five main types of gynaecologic cancer viz. **cervical, ovarian, uterine, vaginal, and vulvar**. A sixth type of gynaecologic cancer is

the very rare fallopian tube cancer. Of all the gynaecologic cancers, only cervical cancer has screening tests that can find this cancer early, when treatment can be most effective. Dr. Pallavi also explained self-early detection of Breast Cancer. Ms. Rashmi spoke about different taboos related to Menstruation. She also said that does not profane ourselves rather it is very natural to any adolescents and woman. Menstruation Hygiene Management is vital for the empowerment and well-being of women and girls. It is about more than just access to sanitary pads and appropriate toilets- though those are important. It is also about ensuring women and girls live in an environment that values and support their ability to manage their menstruation with dignity. All the girls were happy to speak and listen about it. Thanks to Young Indians for coordinating this twin program. Thanks to Nirmala College and Ursuline Convent.



Road Safety Workshop with Children: On 7th February, Road Safety Workshop was organized by SIGN in collaboration with Young Indians and Edifying Services and with the support of St. Joseph's School, Samlong and Prabaht Tara, Dhurwa for the school children. Mr. Shailendra, the Executive Director of Edifying services, came all the way from Bokaro to facilitate this program. Mr. Anupam and his team performed a heart touching and educative Nukad Natak on "Road Safety" followed



by a lecture on Road Safety by Shailendra. He, using symbols of Road Safety, demonstrating how to cross the road and use of halmets, said that everyone should respect each other while driving or walking on the road and take care of their safety. People's safety on the road is one of the most important aspects in order to avoid road accidents, injury and death. He said that unless one is

18 years old should think of driving any vehicle. So also unless one has proper licence should drive the vehicle. While on the road one should follow the instruction of Traffic Police and Traffic lights. Even the cyclist should follow the traffic rules. Road safety signs and signals were explained to the children through placards. Children were instructed to cross roads only on Zebra crossing, no holding the hand of friends while crossing roads. If parents are around, children should hold the hands of their parents while crossing roads. There were around 950 students in St. Joseph's School, Samlong and around 1000 students in Prabhat Tara School, Dhurwa. The speaker was able to connect to the children. The session was quite very interactive. Children enjoyed the session. At the end children were told that they will be little Cop for ten days and during coming ten days they have to follow the Road Safety rules and observe what other are doing and report it on a report card given to them. It will be collected by the Young Indians team to after ten days.



Capacity Building for the project staff: Three days Central Level Residential ToT (Training of Trainers) was conducted for the Project staff from 7th to 9th February 2023 at SDC Ranchi. All project staff of 'Child Health Improvement and Adolescent Empowerment' project participated. The training was designed and implemented by the Project coordinators. Mr. Shyam & Mr. Amarendra from DevNet (Development Network), Ranchi, conducted the session on 'Advocacy and Networking' and the 'Adolescent Empowerment'. Where they talked about What is Advocacy, Why Advocacy, Strategies for Advocacy, where to use Advocacy, Elements of Advocacy and Advocacy Strategy framework. Rest of the sessions were conducted by Project Coordinators viz. Satyendra Tudu and Manish Toppo on

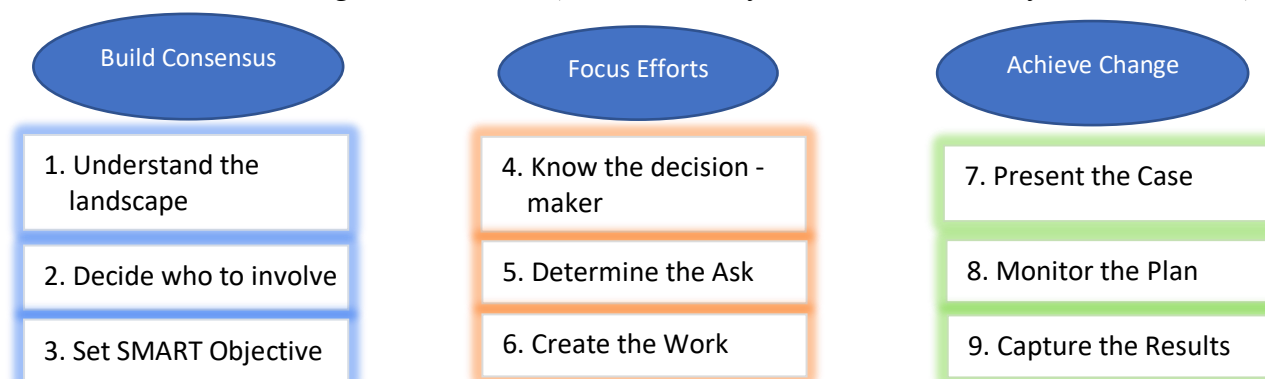


Team Building, result oriented activity and different level of results, Monitoring and Documentation, Communication & Technical efficiency through WhatsApp & emails. In team building the training team discussed with the participants about what is Team, process of Team Building, ways to identify the traits of team members, role of each member, importance of team building, impact of team building and team management. The session helped them to understand the value of each team member and



the importance of team work. While discussing about Result, training team talked about what is result and level of results. Then sessions on Documentation was conduct, where training team discussed about basics of Report writing, how to present success stories, photography and use of WhatsApp through mobile and laptop. And finally concept of Monitoring and level of monitoring were discussed.

Workshop on SMART Advocacy: Social Initiatives for Growth and Networking (SIGN) is a partner of state level networking called TAAC (The Advocacy and Accountability Collaborative) Hub,



Jharkhand. TAAC Hub, Jharkhand organized three days' workshop on SMART Advocacy from was 16th to 18th February 2023 at Amaltash Banquet, Ashok Nagar, Ranchi. Miss Ashwarya, Jhpiego Delhi, Mr. Mayouresh, Jhpiego Ranchi & Mr. Amit Ghosh, CINI Ranchi. It was an intensive

workshop which made us understand an Advocacy needs a systematic preparation. The workshop talked about 9 steps of Advocacy under 3 phases.



Participants learnt that if Advocacy is made under SMART (Specific, Measurable, Attainable, Relevant and Time Bound) parameters, the chances of success will be higher. Participants also learnt that knowing the decision maker properly and determining follow up will help us to hit our efforts in right places. At last monitoring the plan will help to decide if any preplan

needs to be modified. This workshop will help our organization in making right decisions on advocacy.